

## **Ace Personal Trainer Manual Set 4th Free Books**

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He Has A Master's Of Science Degree In Exercise Science And Health Promo- Tion From California University Of Pennsylvania And Is An ACE-certified Personal Trainer . Sabrena Merrill, M.S., Is A Former Full-time Faculty Member In The Kinesiology And Physical Jan 12th, 2022

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American Council On Exercise (2014). ACE Personal Trainer Manual, 5th Ed. San Diego, CA: American Council On Exercise. American Council On Exercise (2010). ACE's Essentials Of Exercise Science For Fitness Professionals. Bryant, CX & Green, DJ (Eds). San Diego, CA: American Council On Exercise. Jan 10th, 2022

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